

Who We Are

Child and Family Focus Inc. (CFF) is a non-profit, community-based mental health agency serving children and young adults in Berks, Bucks, Chester, Delaware, Lehigh, Montgomery, and Northampton counties. CFF maintains a culture of innovation that encourages creative approaches to achieve success in partnership with youth, families and child serving systems. CFF is committed to serve with excellence, respect, dignity and compassion through a strength-based approach.



CFF's Mission

CFF provides mental health services that enhance the wellbeing of children, adolescents, and young adults. Committed to excellence, we provide and advocate for effective growth and positive change by building communities and strengthening families.

Learn More!



Contact
your school
guidance
counselor to
learn more.



Visit our website for
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www.childandfamilyfocus.org



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INNOVATIVE ARTS ACADEMY
School Based Mental
Health Services

Child & Family Focus Inc.

School Based Mental Health Service Impacts

By improving the social, emotional, and educational wellness of students, the program aims to directly:

- Improve school attendance
- Strengthen peer relationships and executive functioning skills
- Re-engage students in academics following a transition period, such as a hospitalization
- Decrease rates in which students are in need of crisis support
- Improve teacher and support staff competency around engaging students and families with complex needs



What is the School Based Therapy Program?

The School Based Therapy Program integrates clinical support within educational practices by allowing Child and Family Focus staff to participate in Multi-Tiered Support System meetings and provide clinical interventions to students across all tiers, as needed. This enhanced model of support provides the school district access to clinical partnership in day-to-day educational practices while also supporting students in myriads of ways.

Therapists will provide targeted interventions to support student needs in the school setting including: support for those transitioning in and out of placements, re-entry to the district following virtual schooling, executive functioning skills required for academic success, healthy peer relationships, management of anxiety and depression in a school setting, and monthly classroom instruction addressing stigma and accessing support in a safe, trauma-informed, manner.

Therapists will offer an array of clinical support to students in need. Services can be summarized as:

1. Providing short-term counseling to students in multiple tiers of the Multi-Tiered System of Supports process
2. Supporting the re-entry to buildings as students return to school from a hospital or alternative school placement
3. Bridging any gaps for students in need of counseling who are currently on wait list at community providers
4. Implementing group therapy sessions across all grade levels
5. Offering consultation to teachers and support staff on topics such as trauma informed language and how to engage a family member around accessing help

